

## **Ena White Desensitiser Gel**

### **Instructions for use**

Ena White COSM05S Desensitiser Gel is a potassium nitrate and fluoride gel which reduces tooth sensitivity.

Ena White Desensitiser Gel is suitable for the relief of the sensibility caused by:

- bleaching treatment
- enamel abrasion
- thermal and chemical variations
- pulp exposure

For bleaching treatments, it is advisable to apply Ena White Desensitiser Gel before the treatment, using the bleaching tray.

Recommended length of the treatment for teeth sensitivity: 2 hours a day (preferably in the evening after usual oral cleaning) for a week.

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- 1) Load gel into the bleaching tray made by your dentist. Use 1/3 to 1/2 of syringe.
- 2) Brush teeth, then insert tray. Adapt tray sides to teeth.
- 3) Remove excess gel with clean finger or soft toothbrush. Do not swallow rinses.
- 4) The length and number of times it is used depends on the condition, the patient and the clinician. Treatment times can range from 15 minutes to 8 hours. Usually 2-4 hours is sufficient.
- 5) Following removal the patient should brush and rinse teeth with water. DO NOT swallow during rising.
- 6) Wash tray and store in a storage case. Fresh gel should be used with each application.
- 7) Gel may be warmed before placing in tray to avoid thermal sensitivity.

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